

Middle School 2021-2022 Lunch & Breakfast Menu



LITTLE MIAMI
SCHOOLS

FREE
Breakfast & Lunch

Second Lunch \$2.80
Extra Milk \$0.55 Adult Meals \$4.10

Menu is subject to change without notice

Menu and variety of offerings are subject to change due to product availability or staffing shortage.

ALTERNATE MEAL CHOICES:

SERVED EVERYDAY: Hamburger, Cheeseburger, Chicken Patty Sandwich, Hot & Spicy Chicken Sandwich, Ham & Cheese Sub, Ham/Turkey & Cheese Sub, Turkey & Cheese Sub

MON & WED: Cheese or Pepperoni Pizza Slice

TUES & THUR: Cheese Filled Breadstick w/Pizza Sauce

FRI: Soft Pretzel w/Cheese Sauce

Baked French Fries will be offered on Tues and Thurs for \$1.00 with the purchase of a meal. Fries will not be sold separately without a lunch purchase.

- For complete nutritional and allergen information download the "My School Menus" mobile app or visit www.littlemiamischools.com >> Departments >> Food Services >> Menus.
- Cash or check payments may be sent in with your student. To keep lines moving smoothly and quickly we do not give change at the register. Surplus funds will be added to the student's lunch account for future purchases.
- NEW!!** Online payments can be made by credit card at PaySchoolsCentral.com.
- Smartsnack compliant extras are available
 - 2nd Lunch \$2.80
 - Additional Entree \$2.40
 - Chips, Ice Cream \$0.85
 - Yogurt, Cheese Stick, Cookies, Juice Box \$0.75
 - Goldfish Crackers, Pretzel, Cheezits \$0.55
 - Fruit Snacks, Rice Krispie Treats, Bottled Water \$1.00
- Families are responsible for negative balances.
- Please contact Rachel Tilford, Food Service Director for any life threatening allergies, special diet needs or purchase restrictions at 513-899-5130 or rtilford@msdoh.org.

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle here.

This institution is an equal opportunity provider.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cinnamon Sugar Donut Assorted Juice/Fruit Milk	Sausage Gravy w/Southern Style Biscuit Assorted Juice/Fruit Milk	Egg & Cheese Bagel Assorted Juice/Fruit Milk	Egg & Cheese Wrap Assorted Juice/Fruit Milk	Churro/Funnel Cakes Assorted Juice/Fruit Milk
ADDITIONAL BREAKFAST OPTIONS ARE AVAILABLE DAILY.					
MENU #1	Chicken Tenders Dinner Roll Mashed Potatoes w/Gravy Sliced Carrots Assorted Fruit/Milk	Meat Lovers Stromboli w/Marinara Sauce Dinner Roll Broccoli Celery Sticks Assorted Fruit/Milk	Doritos Walking Taco Salsa & Shredded Lettuce Refried Beans Seasoned Corn Assorted Fruit/Milk	Toasted Cheese Sandwich Tomato Soup Side Salad Marco's Pizza Day Assorted Fruit/Milk	French Toast w/Sausage Hash Brown Patty Salad Assorted Fruit/Milk
MENU #2	BBQ Beef Rib on Hoagie Seasoned Green Beans Carrot Slices Assorted Fruit/Milk	Chili Cheese Coney Dog Broccoli Baked Beans Assorted Fruit/Milk	Panther Popcorn Chicken Bowl w/Roll Mashed Potatoes w/Gravy Seasoned Corn Assorted Fruit/Milk	Chicken & Cheese Taquitos Salsa & Sour Cream California Blend Vegetables Baked Beans Assorted Fruit/Milk	Chicken Baconator Sandwich Sweet Potato Fries Caesar Salad Assorted Fruit/Milk
MENU #3	Chicken Fettuccine Alfredo Broccoli Cucumber Slices Assorted Fruit/Milk	Mozzarella Sticks w/Pizza Sauce Seasoned Green Beans Side Salad Assorted Fruit/Milk	Chicken OR Beef Cheese Burrito Refried Beans/Rice Salsa, Shredded Lettuce, Diced Tomatoes, Sour Cream Assorted Fruit/Milk	BBQ Boneless Chicken Wings Dinner Roll Celery Seasoned Corn Assorted Fruit/Milk Marco's Pizza Day	Pulled Pork BBQ Sandwich Tator Tots Carrot Slices Assorted Fruit/Milk
MENU #4	Tangerine Chicken Broccoli Baby Carrots Rice Assorted Fruit/Milk Chicken Egg Roll \$1 Extra	Brunch for Lunch Cheesy Scrambled Eggs w/Hashbrowns Biscuit Sweet Potato Casserole Assorted Fruit/Milk	Beef & Cheese Taco Salad w/Salsa, Shredded Lettuce & Sour Cream Rice/Refried Beans Assorted Fruit/Milk	Pepperoni Calzone w/Pizza Sauce Green Beans Caesar Salad Assorted Fruit/Milk	Cincinnati Chili 4-Way Carrot Slices Seasoned Corn Assorted Fruit/Milk

SEPTEMBER 2021	OCTOBER 2021	NOVEMBER 2021	DECEMBER 2021	JANUARY 2022	FEBRUARY 2022	MARCH 2022	APRIL 2022	MAY 2022	JUNE 2022
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30